Daily Fresh Fruits and Vegetables!!

Menu plan from February 3rd till February 28th

Fresh Cooking on site!!

Tuesday

Salad of the season

Fruits of the season

Penne "Napoli"

(V, aw, uw, am)

and Cheese

Stewed Beef

(R, am)

with Tomato sauce

with Pepper sauce,

Rice and Broccoli

Menu/Day

Kids

avourite

Meal

Around

the world

Salad Dessert

Kids Favourite Meal

Around the world Salad Dessert Monday

Sausage of Poultry

Herb-Cheese-Sauce

(V. aw. uw. ae. am)

Salad of the season

Fruits of the season

with French fries

and sweet Corn

(G, 2, 3, 7, 15)

Ravioli

with



Fish fingers

(F, aw, uw, am, af)

"Maultaschen" German

Salad of the season

Fruits of the season

with Broccoli, Beans

with Rice and Peas

Ravioli

and Carrots

Friday

Thursday

Escalope of Chicken

Imperial Vegetables

with Tomato-Mushroom

Salad of the season

Fruits of the season

with Potatoes

(G, aw, uw, gb)

(aw. uw. ae. am)

n Cream

Order Form

Family Name:

First Name :

Street / House number

Zip Code / Town :

Monday	Tuesday	Wednesday		Friday		
					Menu A	٤
					Menu B	Week 1
	•	•	•			

 wonaay	Tuesday	weanesaay	Inursaay	riaay		
×	x	x	x	x	Menu A	S
x	x	x	×	×	Menu B	eek 1

Menu

Menu

Week

Monday	Tuesday	Wednesday	Thursday	Friday		,
x					Menu A	٤
x					Menu B	Week 1

Please hand in to Kiosk Vielfaltmenü c/o ISF

Straße zur Internationalen Schule 33

65931 Frankfurt am Main

Holidays from 10.02. - 14.02.2025

Salad of the season

Fruits of the season

Wednesday

Week from February 3rd till February 7

and Applesauce

Chicken Masala

and Broccoli

with Basmati rice

with Cinnamon, Sugar

(V, aw, uw, ae, am)

Pancake

A Chicken Crossies Kids Kids Kids Kids Kids Kids Kids Kid		Week from February 17th till February 21st					
Favourite and French fries Meal (G, aw, uw) Mini-Spring roll With mediterranean Couscous (V, 2, aw, uw, ae, ay) Salad Salad of the season Dessert Fruits of the season Fruits o	Α	Chicken Crossies	Pasta "Napoli"	Breast of Chicken	Cevapcici	Spaghetti "Asian Style"	
Meal (G, aw, uw) (V, aw, uw, am) (G) (R, aw, uw, ae, bm) (V, aw, uw, ay, 23) B Around the world (W, 2, aw, uw, ae, ay) Salad Salad of the season Pruits of	Kids	with sweet Corn	with Tomato sauce			with Carrots, Leek	
Mini-Spring roll with mediterranean Couscous (V, 2, aw, uw, ae, ay) Salad Salad of the season Fruits of the seaso	Favourite	and French fries 😽	and Cheese	and Carrots	Carrots and Peas	and Broccoli	
Around the world Couscous (V, 2, aw, uw, ae, ay) Salad Salad of the season Pessert Fruits of the season Fruits of	Meal	(G, aw, uw)	(V, aw, uw, am)	(G)	(R, aw, uw, ae, bm)	(V, aw, uw, ay, 23)	
Around the world Couscous (V, 2, aw, uw, ae, ay) Salad Salad of the season Dessert Fruits of the season Fruits of	D	Mini-Spring roll	Fricassee of Chicken	"Chana" Chick Peas	Hach browns	Coal fish with	
the world (V, 2, aw, uw, ae, ay) served with Rice (G, am) (V) (W) (V, 2, aw, uw, ae, ay) (G, am) (V, 2, aw, uw, ae, ay) (G, am) (V, 2, aw, uw, ae, ay) (G, am) (V, 2, aw, uw, ae, ay) (F, af) Salad Salad of the season Fruits	_	with mediterranean	Peas and Asparagus 🚜 🦽	with Tomatoes	topped with Tomato and		
Company Comp		Couscous	served with Rice	and Basmati rice 🗸 🗸	Mozzarella \/	and Brussels Sprouts	
Pruits of the season Fruits of the season Week from February 24th till February 28th Hamburger with Tomatoes, Cucumber and French fries Meal No School Staff Training Day Around the world No School Staff Training Day No School Staff Traini	the world	(V, 2, aw, uw, ae, ay) 🔻	(G, am)	(V)	(V, am) V	(F, af)	
Week from February 24th till February 28th	Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season	
A Kids Staff Training Day No School No School No School B Around the world Staff Training Day No School	Dessert					Fruits of the season	
Kids Favourite No School Salad of the season Salad of th				rom February 24th till Febru	ary 28th		
Favourite Meal No School and French fries (R, aw, uw, as) (R, aw, uw, as) Cauliflower Curry with Potatoes and Hasmati rice (V) Salad Salad Salad No School Anound the world Salad Anound the world Salad Anound the world Salad Anound the world Salad of the season	Α		Hamburger with	•	Spaghetti	Pizza with Tomatoes and	
Meal(R, aw, uw, as)(G, aw, uw, gb)(R, aw, uw, am)(S, 2, 3, 15, aw, uw, am)BAround the worldStaff Training Day No SchoolWith Potatoes and Basmati rice (V)With Spinach sauce and Cheese (V, aw, uw, ae, am)Bulgur and mediterranean Vegetables (V, aw, uw, am, ae)Cauliflower (F, aw, uw, gb, af)SaladSalad of the seasonSalad of the seasonSalad of the seasonSalad of the season	Kids	Staff Training Day	Tomatoes, Cucumber	with Potatoes		Cheese (V, aw, uw, am)	
Meal(R, aw, uw, as)(G, aw, uw, gb)(R, aw, uw, am)(S, 2, 3, 15, aw, uw, am)BAround the worldStaff Training Day No SchoolWith Potatoes and Basmati rice (V)With Spinach sauce and Cheese (V, aw, uw, ae, am)Bulgur and mediterranean Vegetables (V, aw, uw, am, ae)Cauliflower (F, aw, uw, gb, af)SaladSalad of the seasonSalad of the seasonSalad of the seasonSalad of the season	Favourite	No School	and French fries	Imperial Vegetables 💢	with Cheese	Salami available 🎧	
Staff Training Day No School With Potatoes and Basmati rice (V) Salad of the season Staff Training Day No School Bulgur and mediterranean Vegetables (V, aw, uw, ae, am) Vegetables (V, aw, uw, am, ae) Salad of the season Salad of the season Salad of the season Salad of the season	Meal		(R, aw, uw, as)	(G, aw, uw, gb) 🔻	(R, aw, uw, am)	(S, 2, 3, 15, aw, uw, am)	
Around the world No School Basmati rice (V) Salad Salad Staff Training Day No School Basmati rice (V) Salad of the season Salad of the season Salad of the season Salad of the season Staff Training Day No School Basmati rice (V) And Cheese (V, aw, uw, ae, am) Vegetables (V, aw, uw, am, ae) (F, aw, uw, gb, af) Salad of the season Salad of the season	P		Cauliflower Curry	Tortellini	"Hirtentasche" with Cheese,	Plaice in Batter	
the world No School Basmati rice and Cheese Vegetables Cauliflower (V)	_	Staff Training Day	with Potatoes and	with Spinach sauce	Bulgur and mediterranean	with Lemon, Potatoes and	
(V) (V, aw, uw, ae, am) (V, aw, uw, am, ae) (F, aw, uw, gb, at) (F		No School	Basmati rice	and Cheese	Vegetables \/	Cauliflower	
	the world		(V)	(V, aw, uw, ae, am)	(V, aw, uw, am, ae) V	(F, aw, uw, gb, af)	
Dessert Fruits of the season Fruits of the season Fruits of the season Fruits of the season	Salad	d Salad of the season		Salad of the season	Salad of the season	Salad of the season	
	Dessert		Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	

Additives: 1 - with colours, 2 - with preservatives, 3 - with antioxidants, 4 - with flavour enhancers, 5 - with sweeteners, 7 - with phosphate, 8 - waxed, 15 - with nitrite salting mix;

Allergens: aw - contains cereals containing gluten*, uw - contains wheat*, nr - contains rye*, gb - contains barley*, go - contains oat*, gs - contains spelt*, gk - contains kamut*, ax - contains other gluten containing grain*, ac - contains crustaceans*, ae - contains eggs*, af - contains fish*, ap - contains peanuts*, ay - contains soybeans*, am - contains milk*, an - contains nuts*, sa - contains almond*, sh - contains hazelnut*, sw - contains walnut*, sc - contains cashew*, sp - contains pecan nut*, sr - contains brazil nut*, st - contains pistachio*, sm - contains macadamia nut*, sq - contains queensland nut*, bc - contains celery*, bm - contains mustard*, as - contains sesame*, au - contains sulphur

VielfaltMenü Contact: Steve Völker 069/37568575 | Fax 069/37568576 | Mail isf.3192@vielfaltmenue.com