

Daily Fresh Fruits and Vegetables !!

Menu plan from January 6th till January 31st

Fresh Cooking on site !!



VielfaltMenü

Order Form

Family Name :

First Name :

Class :

Street / House number :

Zip Code / Town :

Menu/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Week from January 6th till January 10th					
A Kids Favourite Meal	Cevapcici with Basmati rice carrots and Peas (R, aw, uw, ae, bm)	Escalope of Chicken with French fries Imperial Vegetables (G, aw, uw, gb)	Pasta with Tomato sauce and Cheese (V, aw, uw, am)	"Arroz con Pollo" Chicken with Rice bell Pepper and Peas (G)	Coal fish with mashed Potatoes and Carrots (F, aw, uw, af, am)
B Around the world	Tortellini with Tomato-Basil-Sauce (V, aw, uw, ae, am)	"Schupfnudeln" with Mushrooms, Carrots and Beans (V, aw, uw, ae)	Fricassee of Chicken Peas and Asparagus served with Rice (G, am)	Hash browns topped with Tomato and Mozzarella (V, am)	Cauliflower-Potato-Curry with Basmati rice (V)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season
Week from January 13th till January 17th					
A Kids Favourite Meal	Sausage of Poultry with French fries and Carrots (G, 2, 3, 7, 15)	Pancake with Cinnamon, Sugar and Applesauce (V, aw, uw, ae, am)	Rigatoni "al Forno" topped with Cheese (V, aw, uw, am)	Fish fingers with mashed Potatoes and Carrots (F, aw, uw, af)	Spaghetti "Bolognese" with Cheese (R, aw, uw, am)
B Around the world	Chili sin Carne Beans with Sweet Corn and Tomatoes (V)	Goulasch of Beef with red Cabbage and Dumplings (R)	Breast of Chicken topped with Pineapple and Cheese Gratin and Broccoli (G, aw, uw, am, 1)	"Hirtentasche" with Cheese, Bulgur and mediterranean Vegetables (V, aw, uw, am, ae)	Hash Browns filled with Cheese served with Joghurt dip (V, aw, uw, gb, am)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season
Week from January 20th till January 24th					
A Kids Favourite Meal	Boiled Sausage of Poultry with French fries and Sweet Corn (G, 2, 3, 7, 15)	Pasta with Tomato sauce and Cheese (V, aw, uw, am)	Curry of Poultry with Basmati rice and Broccoli (G)	Fried Rice "Asian Style" with Eggs Springrolls (V, ae, aw, aw)	Pizza with Tomatoes and Cheese (V, aw, uw, am)
B Around the world	Fried Mushrooms with Hash Browns and Yoghurt Dip (am)	Steak of Turkey with mediterranean Potatoes and Beans (G, am)	Gnocchi with Tomato-Mushroom in Cream (aw, uw, ae, am)	Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af)	Stewed Beef with Pepper sauce, Rice and Broccoli (R, am)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season
Week from January 27th till January 31st					
A Kids Favourite Meal	Chicken Crossies with sweet Corn and French fries (G, aw, uw)	Pasta "Bolognese" with Cheese (R, aw, uw, am)	Omelette with Spinach and Hash Browns (V, ae, am)	Breast of Chicken with Gravy, Potatoes and Cauliflower (G)	Pasta with Tomato sauce and Cheese (V, aw, uw, am)
B Around the world	Brussels Sprouts soufflé with Potatoes, Carrots bell Pepper and Feta (V, am)	"Kaiserschmarrn" Stewed pancakes with Applesauce (V, aw, uw, ae, am, 3)	Burritos stewed Chicken and salsa sauce available (G, aw, uw)	Lentil Soup with fresh Vegetables and Baguette (V)	Coalfish with Potatoes and Savoy (F, af)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday	Menu	
X					Menu A	Week 1
X					Menu B	
					Menu A	Week 1
					Menu B	
					Menu A	Week 1
					Menu B	
					Menu A	Week 1
					Menu B	

Additives: 1 - with colours, 2 - with preservatives, 3 - with antioxidants, 4 - with flavour enhancers, 5 - with sweeteners, 7 - with phosphate, 8 - waxed, 15 - with nitrite salting mix;
Allergens: aw - contains cereals containing gluten*, uw - contains wheat*, nr - contains rye*, gb - contains barley*, go - contains oat*, gs - contains spelt*, gk - contains kamut*, ax - contains other gluten containing grain*, ac - contains crustaceans*, ae - contains eggs*, af - contains fish*, ap - contains peanuts*, ay - contains soybeans*, am - contains milk*, an - contains nuts*, sa - contains almond*, sh - contains hazelnut*, sw - contains walnut*, sc - contains cashew*, sp - contains pecan nut*, sr - contains brazil nut*, st - contains pistachio*, sm - contains macadamia nut*, sq - contains queensland nut*, bc - contains celery*, bm - contains mustard*, as - contains sesame*, au - contains sulphur

Please hand in to Kiosk
Vielfaltmenü c/o ISF

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